

SBG NAAS SAFEGUARDING POLICY FOR ADULTS

Statement of Commitment

Our academy is committed to providing a safe, respectful, and inclusive environment for everyone. Harassment, discrimination, bullying, sexual misconduct, or intimidation of any kind will not be tolerated.

Scope

This applies to members, visitors, staff, and contractors across classes, open mats, competitions, social events, and online spaces connected to the gym.

Expected Behaviour

- Treat training partners and staff with respect.
- Stop immediately if a partner asks.
- Maintain professional coach–student boundaries.
- Communicate injuries or discomfort.
- Train in a responsible manner and never compromise your partners safety

Prohibited Conduct

- Unwanted sexual comments or jokes
- Inappropriate touching beyond training necessity
- Repeated romantic advances after refusal
- Stalking or persistent messaging
- Gender-based hostility
- Retaliation against someone who raises a concern

Power Dynamics

Instructors, senior belts and professional fighters are held to a higher standard and must avoid relationships or behaviour that could be coercive or exploitative.

Reporting Options

Members can raise concerns by:

- speaking to the owner or head coach
- contacting a designated safeguarding lead
- emailing the academy
- submitting an anonymous form on our website

What Happens After a Report

- All reports are taken seriously.
- Concerns will be reviewed promptly.
- Confidentiality will be respected as far as possible.
- Retaliation is strictly prohibited.
- Outcomes may include education, warning, suspension, expulsion, or referral to authorities.

Immediate Danger

If someone is at risk right now, please contact emergency services immediately.

Policy Review

We review and update this regularly.