

SBG NAAS SAFEGUARDING POLICY FOR MINORS

Our Commitment

The safety and wellbeing of children and young people is our highest priority. We are committed to providing a positive, supportive, and abuse-free environment where all juniors can train, build confidence, and enjoy martial arts. We have zero tolerance for abuse, harassment, bullying, or exploitation of any kind.

Who This Protects

Anyone under 18 participating in classes, private lessons, camps, competitions, travel, or online communication connected to the academy.

Standards of Behaviour for Adults

- Treat all children with dignity and respect.
- Prioritise welfare over performance.
- Provide instruction in an open and observable environment.
- Use appropriate language at all times.
- Maintain professional boundaries.
- Avoid favouritism or gift-giving that could be misunderstood.
- Report any concern or disclosure immediately.

Prohibited Conduct

- Any form of physical, emotional, or sexual abuse
- Inappropriate touching beyond legitimate coaching
- Sexual comments, jokes, or messages
- Private communication with a minor outside approved channels
- Bullying, humiliation, or hazing
- Being alone with a child in a secluded space
- Retaliation against anyone who raises a concern

Supervision & Open Environment

- One-on-one instruction should be visible where possible.
- Offices or changing rooms should not be used for isolated meetings.
- Ideally at least two adults are present during junior activities.

Physical Contact in Coaching

Because martial arts involves contact, we ensure it is appropriate to the instruction, explained clearly, and that the child can ask to stop at any time.

Communication with Juniors

- Parents should be included where appropriate.
- Direct private messaging should be avoided unless absolutely necessary for logistics and transparent.
- No personal or sexualised conversations.

Changing Rooms & Photography

- Adults should not change or shower with minors when avoidable.
- No photos or videos in changing areas.

Reporting Concerns

Concerns can be raised by speaking to a coach or safeguarding lead, emailing the academy, or using an anonymous reporting form. All concerns are taken seriously.

What Happens After a Report

We will listen carefully, document the concern, maintain confidentiality as far as possible, take appropriate action (including suspension or expulsion where necessary), and protect reporters from retaliation.

Immediate Risk of Harm

If a child is in immediate danger, emergency services should be contacted first.

Responsibility of Parents & Guardians

Parents help us keep children safe by informing us of medical or support needs, raising concerns quickly and reinforcing respectful behaviour.

Policy Review - This will be reviewed and updated regularly.